

ESSENTIAL ELIGIBILITY CRITERIA
for
LAACKE & JOYS ADVENTURE EDUCATION PROGRAMS

All Laacke & Joys paddle sports programs are open to all individuals who meet the essential eligibility criteria. Some programs may also require the participant to have completed additional prerequisite instruction. Any specific prerequisites for a program will be listed in the Adventure Education program brochure. If you have any questions or special needs, please call Sherri at 414-271-7878.

Kayaking Programs

Participants must be:

1. 18 years or older, or be accompanied by an adult with prior approval from the instructor. (Children's programs will have separate age requirements specific to each program listed in the Adventure Education program brochure.)
2. Able to manage all personal care and mobility independently or with the assistance of a companion who accompanies the participant.*
3. Able to get in and out of a kayak independently or with the assistance of a companion, following instruction.
4. Comfortable in the water including:
 - Floating on back independently with a properly fitted PFD
 - Turning from face down to face up independently while wearing a properly fitted PFD.
 - Holding breath while under water for at least 5 seconds.
5. Able to maintain a balanced, upright position when seated in a kayak, with adaptations if needed. ****NOTE**** No adaptations providing head or neck support will be accepted.
6. Able to independently wet exit from a kayak in a capsize, following instruction.
7. Able to move the kayak through the water in a stable manner and return it back to the launching area independently or with the assistance of a paddling partner if in a tandem kayak. Participant may use adaptations if needed.
8. Able to re-enter a kayak independently, or with the help of another paddler, from deep water, following instruction.
- 9a. Able to meet the above criteria in winds up to 15mph if participating in programs held on protected inland lakes and slow-moving rivers.
- 9b. Able to meet the above criteria in winds up to 15mph and waves up to 1.5 feet if participating in programs held on Lake Michigan or similar bodies of water.

*If a companion accompanies a participant and also participates in the on-water instructional activities, the companion will be charged as a program participant.

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